

# Getting Started

*Ideas and suggestions for individual and group prayer*

*It is possible that God will ask many people to fast for prolonged periods during the 30 Days.*

Over the coming weeks, you may pray and fast in a variety of ways. Some days God may ask only five minutes from you, but sometimes you will be guided to pray for longer periods. Use this booklet to pray on your own, or join with others to pray together. Find creative ways to involve as many people as possible in this prayer focus.

- Organize meetings over the 30-day period with your church, youth group, leaders' meetings, women's groups, home Bible studies, cell groups, children's groups — any occasion when your Christian friends meet together.
- Have others join you in a special meal using the prayer topic for that day. Find out all you can about that particular subject, culture, or area of the world, including food, dress, music, sports, etc.
- It is helpful if one person is chosen as the leader/facilitator

of the group to give direction and cohesion. Ask and expect the Holy Spirit to lead you in prayer (Rom 8:26).

- Have the group focus its prayers on one subject area at a time, rather than constantly changing. Wait before moving on to a different topic, allowing everyone time to pray about the current subject area (1 Cor 14:40).

Look for ways to make your times of prayer varied and interesting. God is creative, and has made us in His image, so we can expect creative ideas as we seek Him!

### *Additional materials*

*The web site <http://www.30daysfire.net> has videos, photos and music from the various countries, cities and people groups cited in this booklet.*



The Muslim “Night of Power” commemorates Mohammed receiving the revelation of the Qur’an. (It starts on the evening of the 26th day since Muslim days start at sunset, so we are encouraging people to pray on Day 25.) Consider setting aside time for in-depth prayer with your church or group. Some Muslims spend hours at the mosque during the Night of Power. Let us believe God for an outpouring of His Spirit on our Muslim neighbors worldwide!